



Each container provides
15 g protein equivalent

PKU PERIFLEX® LQ BERRY & ORANGE ARE BEING PHASED OUT AT THE END OF 2026

We know choosing a PKU formula is a personal choice and changing formulas can take time. The options below can help you find a new PKU formula you enjoy, on a schedule that works for you.

- Add orange flavour drops
- Add berry flavour drops

READY-TO-DRINK PKU FORMULA OPTIONS WITH A SIMILAR FLAVOUR PROFILE



PKU Lophlex® LQ - Juicy Orange
& PhenylAde® GMP READY

or



PKU Lophlex® LQ - Mixed Berry Blast
& PhenylAde® GMP READY

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**30 g Protein
Equivalent (PE)**

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Can divide into
2 portions = 15 g PE

PKU FORMULA OPTIONS WITH SIMILAR FLAVOURS



PhenylAde® Essential - Orange Creme or Strawberry



Periflex® Advance - Orange or Unflavored



PKU Maxamum - Orange or Unflavored

GMP-BASED FORMULA OPTION



Flavor Match: Mix one serving (33.3 g or ¼ cup of powder) with the following:

Berry: 2 tsp of strawberry flavoured syrup* or Berry flavour drops (adjust to taste)

Orange: 120 mL of water, and 60 mL of orange flavoured drink* or orange flavour drops (adjust to taste)

PhenylAde® GMP DRINK MIX - Plain or Vanilla

GMP-BASED PKU FORMULAS ARE KNOWN FOR THEIR MILD TASTE AND MAY AID WITH FEELINGS OF FULLNESS

PKU Periflex® LQ Berry & Orange will be available while supplies last.
We expect product to be depleted by December 2026.

*Adjust to personal taste and be sure to account for any additional phenylalanine.

NUTRICIA
LIFE-TRANSFORMING NUTRITION

WE'RE HERE TO HELP YOU FIND A NEW PKU FORMULA YOU WILL ENJOY DRINKING

Transition Your Way: Replace 1 serving per day of your current formula with your new formula until you reach a full transition. Periflex® LQ Orange and Berry will be available until December 2026 or while supplies last.

LESS-TO-DRINK

TIP!

Add 1 pouch of
PhenylAde® GMP MIX-IN
to increase PE intake
without added volume.



Periflex® LQ	Protein Equivalent (PE)
1 Unit	15 g PE
2 Units	30 g PE
3 Units	45 g PE
4 Units	60 g PE



PhenylAde® Essential	Recommended Volume of Water to Add*	Protein Equivalent (PE)
60 g powder	300 mL	15 g PE
120 g powder	600 mL	30 g PE
180 g powder	900 mL	45 g PE
240 g powder	1200 mL	60 g PE



Periflex® LQ	Protein Equivalent (PE)
1 Unit	15 g PE
2 Units	30 g PE
3 Units	45 g PE
4 Units	60 g PE



Periflex® Advance	Recommended Volume of Water to Add*	Protein Equivalent (PE)
44 g powder	240 mL	15 g PE
87 g powder	480 mL	30 g PE
130 g powder	720 mL	45 g PE
174 g powder	960 mL	60 g PE



Periflex® LQ	Protein Equivalent (PE)
1 Unit	15 g PE
2 Units	30 g PE
3 Units	45 g PE
4 Units	60 g PE



PKU Maxamum®	Recommended Volume of Water to Add*	Protein Equivalent (PE)
38 g powder	210 mL	15 g PE
76 g powder	630 mL	30 g PE
114 g powder	900 mL	45 g PE
152 g powder	840 mL	60 g PE



Periflex® LQ	Protein Equivalent (PE)
1 Unit	15 g PE
2 Units	30 g PE
3 Units	45 g PE
4 Units	60 g PE



PhenylAde® GMP ULTRA	Recommended Volume of Water to Add*	Protein Equivalent (PE)
1 Pouch	180 mL	20 g PE
1.5 Pouches	270 mL	30 g PE
2 Pouches	360 mL	40 g PE
3 Pouches	540 mL	60 g PE



Important Notice: Once prepared, formula can be stored in the refrigerator for up to 24 hours. Be sure to shake formula before drinking.

*Volume of water can be adjusted to taste.

All products shown are specialized formulas for the dietary management of proven Phenylketonuria (PKU) and must be used under medical supervision. Please consult your metabolic clinic prior to making any changes to your PKU diet plan.