

Aptamil® Pepti 1

EXTENSIVELY HYDROLYZED FORMULA

- Aptamil Pepti 1 is a specialized formula for use under medical supervision.
- Aptamil Pepti 1 is a whey-based **extensively hydrolysed formula** for the dietary management of cow milk allergy with galacto-oligosaccharides (GOS/FOS).
- Aptamil Pepti 1 is a nutritionally complete hypoallergenic formula, suitable from birth. Suitable as part of a mixed diet in babies over the age of 6 months.



Product	Product code	UPC Code
Aptamil Pepti 1 (Powder) 400 g Can	146537	8712400300575
Aptamil Pepti 1 (Powder) 400 g x 12 Case	146537	08712400300575

Indications : For enteral use only. For the dietary management of cow milk allergy.

Contra-Indications : Not suitable for vegetarian or Halal diet. UK kosher approval notes that Aptamil Pepti 1 is processed using pork trypsin enzyme, which is not present in the final product.

Precautions : Must be used under medical supervision, after full consideration of all feeding options, including breastfeeding. Suitable as part of a mixed diet in babies over the age of 6 months. Due to the special formulation of the feed, there may be some separation of prepared feeds on standing. Shake well before use.

Preparation and directions for usage : Important: Powdered infant formula is not sterile. Formula should be prepared immediately prior to feeding. Do not boil formula and do not use a microwave to prepare or warm formula. Preparation: All Aptamil products carry preparation instructions. Please see packaging for further information. Tins should be stored in a cool, dry place; do not refrigerate, and use contents within four weeks of opening.

BECAUSE POWDERED MILKS ARE NOT STERILE, FAILURE TO FOLLOW INSTRUCTIONS MAY MAKE YOUR BABY ILL

1. Wash hands and sterilize all utensils according to manufacturer's instructions.
2. Boil 1 litre of fresh water. Cool water for 30 mins and no longer. Measure the required amount of water (refer to feeding guide) into a sterilized bottle. Be careful of scalding. Do not use artificially softened or repeatedly boiled water.
3. Using the scoop provided, level off the powder with the back of a clean dry knife. Do not press/heap the powder.
4. Add the correct measure of powder to the water. Place the sterilized teat and cap on the bottle and shake vertically and vigorously for 25 seconds to dissolve the powder.
5. Cool under running tap. Check temperature of feed. Feed immediately. Recommended feed concentration: One level scoop (as provided in the can) provides approximately 4.5 g of powder. Add one level scoop of powder to every fluid ounce (30ml) of water to yield the recommended feed concentration.

Ingredients : Hydrolyzed whey protein (from **milk**), Maltodextrin, Vegetable oils (Palm oil, Coconut oil, Rapeseed oil, High oleic sunflower oil, Sunflower oil), Galacto-oligosaccharides (GOS) (from **milk**), Calcium phosphate, Emulsifiers (citric acid esters of mono and diglycerides of fatty acids), Fructo-oligosaccharides (FOS), **Fish** oil, Potassium chloride, Oil from *Mortierella alpina*, Choline chloride, Potassium citrate, Sodium chloride, Magnesium chloride, Vitamin C, L-Tyrosine, Inositol, Magnesium hydrogen phosphate, Taurine, Zinc sulphate, L-Carnitine, Ferrous sulphate, Vitamin E, Uridine 5'-monophosphate sodium salt, Cytidine 5'-monophosphate, Pantothenic acid, Adenosine 5'-monophosphate, Inosine 5'-monophosphate sodium salt, Nicotinamide, Guanosine 5'-monophosphate sodium salt, Copper sulphate, Vitamin A, Riboflavin, Thiamin, Vitamin B₆, Manganese sulphate, Potassium iodide, Folic acid, Sodium selenite, Vitamin K₁, Biotin, Vitamin D₃, Vitamin B₁₂.

Shelf life : 18 months. Best before date: see base of can.

Storage : Store in a cool, dry place. Do not refrigerate. Once opened, use within four weeks. Always replace container lid after use.

MACRO-NUTRIENTS :

Nutrients	Unit	per 100 g	per 100 ml
Energy	kcal	484	66
Energy	kJ	2024	276
Protein	g	11.6	1.6
Whey	g	11.6	1.6
Caesin	g	0	0
Carbohydrate	g	51.8	7.1
Sugars	g	25.5	3.5
Lactose	g	21.1	2.88
Polyols	g	0.052	0.007
Inositol	g	0.052	0.007
Fat	g	24.7	3.4
Saturates	g	11.4	1.6
Mono-unsaturates	g	9.1	1.2
Polyunsaturates	g	4.2	0.6
Long-chain polyunsaturated fatty acids	g	0.282	0.038
Arachidonic-acid (AA)	mg	121	0.017
Docosahexaenoic-acid (DHA)	mg	121	0.017
Salt	g	0.38	0.05
Fibre	g	4	0.5
Galacto- oligosaccharides	g	3.4	0.47
Fructo- oligosaccharides	g	0.58	0.08

VITAMINS :

Nutrients	Unit	per 100 g	per 100 ml
Vitamin A	µg	426	58
Vitamin D	mcg	12	1.7
Vitamin E	mg TE (α-TE)	8.9 (10)	1.2 (1.4)
Vitamin K	mcg	33	4.4
Thiamin	mg	0.49	0.07
Riboflavin	mg	1.0	0.14
Niacin	mg	6.4	0.87
Pantothenic Acid	mg	4.2	0.57
Vitamin B ₆	mg	0.33	0.05
Vitamin B ₁₂	mcg	1.2	0.16
Biotin	mcg	14	1.9
Folate	mcg	107	15
Vitamin C	mg	67	9.1

MINERALS :

Nutrients	Unit	per 100 g	per 100 ml
Sodium	mg (mmol)	153 (6.7)	20.8 (0.9)
Potassium	mg (mmol)	635 (16.3)	87 (2.2)
Chloride	mg (mmol)	327 (10.6)	51 (1.5)
Calcium	mg (mmol)	444 (11.1)	61 (1.5)
Phosphorus	mg (mmol)	254 (8.2)	35
Magnesium	mg (mmol)	37 (1.5)	5 (0.2)
Iron	mg	4	0.54
Zinc	mg	4.9	0.66
Copper	mg	0.381	0.052
Manganese	mg	0.057	0.008
Fluoride	mg	≤ 0.044	≤ 0.006
Molybdenum	mcg	≤44	≤ 5.9
Selenium	mcg	22	3.0
Chromium	mcg	≤44	≤ 5.9
Iodine	mcg	92	13
Phosphate	mmol	8.2	1.1



For further enquiries visit our website at www.nutricia.ca or contact our customer service department at 877-636-2283 Monday-Friday 8:30 am-6:00 pm ET

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